

DO YOU KNOW YOUR RIGHTS



You have many rights under Ontario's *Child, Youth and Family Services Act, 2017*, including the right to:

Have your rights explained to you in words you understand



Take part in decisions that are made about your life



Talk freely and safely about your thoughts, feelings and opinions to staff

Get safe care and not be physically punished



Access balanced meals, well-fitting clothes and regular health services



Go to school and take part in activities that you enjoy



Reasonable privacy, such as a door to your room

Access services and supports that help meet your needs and goals



Visit or speak with family, including your band or First Nations, Inuit or Métis community

Have personal belongings with you and stay connected with your identity, culture, community, and religion



Access or correct your records and know how your personal information is collected, used, disclosed and retained



Read more:
ontario.ca/YouthRights



If you feel that your rights have not been respected, discuss this with your worker. You can also make a complaint about your care and services received by a society:



Residential Placement Advisory Committee

For reviews of foster or group home placements and whether the placement can meet your needs



Children's Aid Society Internal Complaints Review Panel



For any complaint about services sought or received from a society. To discuss your issue with people not involved in your case and resolve your concern quickly.

<https://forms.mgcs.gov.on.ca/en/dataset/006-3249>

Office of the Ombudsman – Children and Youth Unit

For general rights concerns and complaints. Helps you get fair treatment, navigate issues, and make your voice heard.



1-800-263-2841



cy-ej@ombudsman.on.ca

Information and Privacy Commissioner

For privacy and access complaints. Makes sure rules are followed for the use, access and correction to your personal information.



1-800-387-0073



info@ipc.on.ca

Child and Family Services Review Board

For reviews of placements after the residential placement advisory committee has reviewed. For complaints about Children's Aid Societies if you were not heard, decisions were made without a reason or complaints processes were not followed.



1-888-777-3616



cfsrb@ontario.ca