

DO YOU KNOW YOUR RIGHTS



You have many rights under Ontario's *Child, Youth and Family Services Act, 2017*, including the right to:



Have your rights explained to you in words you understand

Talk freely and safely about your thoughts, feelings and opinions to staff

Access balanced meals, well-fitting clothes and regular health services



Reasonable privacy, such as a door to your room

Visit or speak with family, including your band or First Nations, Inuit or Métis community



Access or correct your records and know how your personal information is collected, used, disclosed and retained

Take part in decisions that are made about your life



Get safe care and not be physically punished

Go to school and take part in activities that you enjoy



Access services and supports that help meet your needs and goals



Have personal belongings with you and stay connected with your identity, culture, community, and religion



Read more: ontario.ca/YouthRights



Your voice matters. Your rights matter.

Ontario 

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If you feel that your rights have not been respected, discuss this with your worker.
You can also make a complaint about your care and services received by a society:



Office of the Ombudsman – Children and Youth Unit

For general rights concerns and complaints. Helps you get fair treatment, navigate issues, and make your voice heard.



1-800-263-2841



cy-ej@ombudsman.on.ca

Residential Placement Advisory Committee

For reviews of foster or group home placements and whether the placement can meet your needs.



Child and Family Services Review Board

For reviews of placements after the residential placement advisory committee has reviewed. For complaints about Children's Aid Societies if you were not heard, decisions were made without a reason or complaints processes were not followed.



1-800-387-0073



cfsrb@ontario.ca

Children's Aid Society Internal Complaints Review Panel

For any complaint about services sought or received from a society. To discuss your issue with people not involved in your case and resolve your concern quickly.



<https://forms.mgcs.gov.on.ca/en/dataset/006-3249>

Information and Privacy Commissioner

For privacy and access complaints. Makes sure rules are followed for the use, access and correction to your personal information.



1-888-777-3616



info@ipc.on.ca

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